

Optimised food products for elderly population: the FP7-KBBE project "OPTIFEL"

Developing fruit and vegetable-based food products for elderly populations

Coordinated by INRA, the OPTIFEL project aims to define, propose and validate fruit and vegetable-based foods that will improve the nutrition and eating pleasure of elderly populations.

Objectives

1. Establish specifications regarding the needs and expectations of the elderly
2. Design fruit and vegetable-based foods
3. Produce sample products to be tested in this population

"Fruits and vegetables: an important element in the diet of elderly population will therefore be used to obtain a greater diversity of products."

Key figures

- ✓ 3,5 years of research and innovation (2013 -2017)
- ✓ €3 million support from the European Union under the Seventh Framework Programme for Research and Technological Development (FP7)
- ✓ 26 European public and private partners including leader industries and SMEs

Consortium



France

INRA
CHU Dijon
Ecole Sup. d'Agriculture
Christian Potier
Roquette
SEB
SAS Plastiques RG
Inra Transfert
Nutrimarketing SAS
CTCPA

Switzerland

Zürcher Hochschule für
Angewandte
Wissenschaften
Quantis

Spain

Institut Recerca i
Tecnologia
Agroalimentaries
Casa Mas
Fundacio Alicia
Emporhotel

Belgium

Arcadia International

Poland

Instytut Ogrodnictwa
Medical University of
Lodz
Polska Roza

Turkey

Aileden Biri

Finland

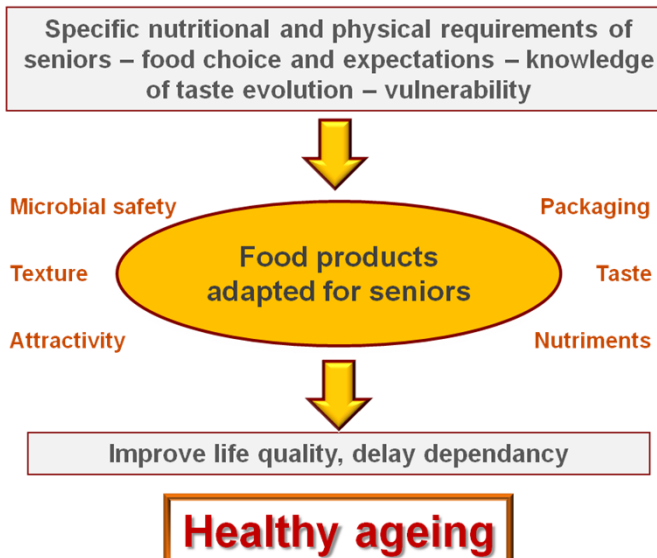
MTT Agrifood
Research Finland
Hämeen ammatillisen
korkeakoulutuksen
kuntayhtymä

United Kingdom

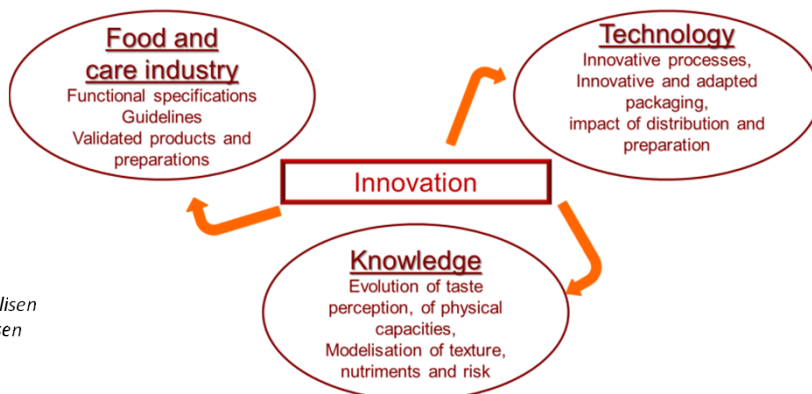
University of Leeds
The Netherlands
Wageningen
University and
Research centre

Germany

Centiv GmbH



Expected results



"The project will concern the competitiveness of European fruit and vegetable processing companies, as they will be address this growing segment of the population by placing value on fruit and vegetable-based processed products."

Visit our website: www.optifel.eu

Coordinator: catherine.renard@avignon.inra.fr

